



Breastfeeding/Lactation Medicine Referral Information

Dr. Melissa Robey is a board-certified Family Physician and Breastfeeding & Lactation Medicine specialist with expertise in caring for families before, during and after birth. She is passionate about helping families understand the health benefits of breastfeeding for both mother and child throughout the lifespan. She can diagnose and treat the full range of lactation problems for babies and breastfeeding parents.

Kim Tatum-Moyer is a dedicated and compassionate Women's Health Nurse Practitioner and International Board Certified Lactation Consultant with multiple years of professional nursing and IBCLC experience providing high-quality care in both inpatient and outpatient clinical settings focused on women's health.

Services provided include:

Prenatal counseling: consider for risk factors such as obesity, hypertension, diabetes, PCOS, endocrine disorders, history of preterm delivery, prior difficulties with lactation

- ❖ Latching difficulties
- ❖ Breast/nipple pain
- ❖ Engorgement, blocked ducts and mastitis
- ❖ Low milk supply
- ❖ Oversupply of milk
- ❖ Tongue tie
- ❖ Expressing milk (pumping)
- ❖ Return to work or school
- ❖ Nursing into the toddler years
- ❖ Weaning
- ❖ Induced lactation (for adoption or surrogacy)

How to refer patients:

- ❖ Please complete and fax the referral form
 - Staff can call in 1-2 business days to ensure that we received the referral
- ❖ Give patient the 1190 PC Lactation Packet
- ❖ Access is currently limited, but we will do our best to accommodate patients in a timely fashion or provide them additional resources for lactation support

What your patients can expect:

- ❖ Both parent and infant will be scheduled for a visit (unless prenatal or induced lactation visit)
- ❖ Visits may last up to one hour
- ❖ Complete history and observed feeding
- ❖ Possible pre/post feed weight assessment to evaluate milk transfer
- ❖ Evidence based treatment plan
- ❖ Appropriate follow up

Advise to parent:

- ❖ Bring baby to visit hungry if possible (but do not withhold feeding if baby is inconsolable)
- ❖ Bring breast pump if they have one

Thank you for your referral and please call anytime with questions or concerns!

Phone: (808) 932-3730 | Fax: (808) 933-9291

Address: East Hawaii Health Clinic Primary Care

1190 Waianuenue Ave. Hilo, HI 96720